



Allergy data detailed in the table has been derived from specifications obtained from the suppliers of the ingredients used in our products. However we do use peanuts, nuts, cereals containing gluten, egg, soya, milk products including lactose, fish, celery, mustard, sesame seeds and sulphur dioxide/sulphites at greater than 10 ppm in the Bakery.

It is not possible to fully guarantee separation of these ingredients in storage and preparation, and the transport and display of finished products in the Shops. We have taken all reasonable steps to ensure that this table is accurate.

However, we cannot guarantee that the product is '100% free from' that component because of the risk of cross-contamination. Suitable for vegetarians - please note that vegetarian products are not manufactured on dedicated equipment. The same equipment is used as for meat based products.

ALLERGENS															
Product	(Tree) Nuts	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Peanut	Sesame	Soya	Sulphites	Suitable for Vegetarians
Rolls & Breads															
Bran Roll						■									YES
Cabin Roll						■									YES
Dark Fired Morning Roll						■							■		YES
Multiseed Loaf						■						■			YES
Softie Roll						■									YES
Traditional Morning Loaf						■							■		YES
Traditional Morning Roll						■							■		YES
Freshly Baked Savouries															
Bean & Potato Pie						■									NO
Beef Sausage Roll						■		■							NO
Cheese & Onion Pasty						■		■							YES
Chicken Pie						■		■					■		NO
Large Steak Pie						■		■					■		NO
Macaroni Pie						■		■					■		YES
Margherita Pizza Slice						■		■					■		YES
Medium Steak Pie						■		■					■		NO
Mince & Onion Bridie						■		■						■	NO
Pork Sausage Roll						■		■						■	NO
Scotch Pie						■		■							NO
Steak Bake		■				■		■							NO
Steak Pie		■				■		■							NO
Sweet & Spicy Chicken Pasty		■				■		■		■					NO
Spicy Vegetable Bake		■				■		■					■		YES
Seasonal Savouries															
Chicken & Haggis Pie						■		■					■	■	NO
Black Pudding & Bean Pie						■		■						■	NO
Steak & Black Pudding Pie		■				■		■						■	NO
Black Pudding Sausage Roll						■		■						■	NO
Steak & Haggis Pie		■				■		■						■	NO

ALLERGENS															Suitable for Vegetarians
Product	(Tree) Nuts	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Peanut	Sesame	Soya	Sulphites	
Components Of Hot Filled Rolls															
Bacon															NO
Pork Link Sausage															NO
Black Pudding															NO
Sliced Sausage															NO
Vegetarian Omelette															YES
Hot Filled Morning Rolls with Butter															
Bacon Roll															NO
Pork Link Sausage Roll															NO
Black Pudding Roll															NO
Sliced Sausage Roll															NO
Vegetarian Omelette Roll															YES
Hot Rolls															
Ham & Cheese Baguette Melt															NO
Pepperoni & Mozzarella Baguette Melt															NO
Beans, Bacon & Cheese Roll Melt															NO
Ham & Cheese Roll Melt															NO
Tuna Roll Melt															NO
Tomato & Cheese Roll Melt															YES
Pepperoni & Mozzarella Roll Melt															NO
Soup															
Lentil Soup															YES
Cream of Tomato Soup															YES
Hearty vegetable soup															YES
Tea & Hot Chocolate															
Hot Chocolate (12oz)															YES
Hot Chocolate with Cream															YES
Hazelnut Hot Chocolate with Cream															YES
Tetley Tea Large															YES
Tetley Tea Regular															YES
Twining's Tea Large															YES
Twining's Tea Regular															YES
Freshly Ground Coffee															
Black Coffee Large															YES
Black Coffee Regular															YES
Cappuccino Large															YES
Cappuccino Regular															YES
Double Espresso															YES
Espresso															YES
Flat White Regular															YES
Latte Large															YES
Latte Regular															YES
Mocha (12oz)															YES
White Coffee Large															YES
White Coffee Regular															YES
Celebration Cakes															
Chocolate 8"Round															YES
Chocolate 8"Square															YES
Sponge Sugar Paste 8"Round															*YES
Sponge Sugar Paste 8"Square															*YES

*May not be suitable for vegetarians due to icing colours

ALLERGENS															Suitable for Vegetarians
Product	(Tree) Nuts	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Peanut	Sesame	Soya	Sulphites	

Filled Rolls

Filled Morning Rolls

Ham Salad															NO
Cheese Salad															YES
Cheese Savoury Salad															YES
Chicken Mayonnaise Salad															NO
Chicken Tikka Salad															NO
Egg Mayonnaise															YES
Tuna Mayonnaise Salad															NO

Filled Bran Rolls

Ham Salad															NO
Cheese Salad															YES
Cheese Savoury Salad															YES
Chicken Mayonnaise Salad															NO
Chicken Tikka Salad															NO
Egg Mayonnaise															YES
Tuna Mayonnaise Salad															NO

Filled Granary Rolls

Ham, Egg Mayonnaise & Tomato															NO
Chicken & Bacon															NO
Ploughmans															YES
Sweet Chilli Chicken															NO
Tuna Mayonnaise, Red Onion & Tomato Chutney															NO

Filled Baguettes

Ham & Cheese															NO
Chicken Mayonnaise															NO
Mexican Tuna															NO

Filled Batons

Chicken Mayonnaise															NO
Chicken Tikka															NO
Tuna Mayonnaise															NO

Filled Softies

Chicken Mayonnaise															NO
Egg Mayonnaise															YES
Tuna Mayonnaise															NO
Cheese Savoury															YES

VERSION	79	DATE OF ISSUE	30.12.24	ALLERGEN INFORMATION S.M. BAYNE
---------	----	---------------	----------	---------------------------------