DATE OF ISSUE 26.01.24

Allergy data detailed in the table has been derived from specifications obtained from the suppliers of the ingredients used in our products. However we do use peanuts, nuts, cereals containing gluten, egg, soya, milk products including lactose, fish, celery, mustard, sesame seeds and sulphur dioxide/sulphites at greater than 10 ppm in the Bakery.

It is not possible to fully guarantee separation of these ingredients in storage and preparation, and the transport and display of finished products in the Shops. We have taken all reasonable steps to ensure that this table is accurate.

However, we cannot guarantee that the product is '100% free from' that component because of the risk of cross-contamination.

				ALL	ERGEN	\$								
				ALL	-KGEN	<b>3</b>								
Product	(Tree) Nuts	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Peanut	Sesame	Soya	Sulphites
Seasonal - Valentines Day and														
Mothers Day														
Large Cake														
Raspberry & white chocolate sponge														
Novelties														
French Cake with hearts														
Red velvet cupcake														
Biscuits														
Heart double biscuit														
Rolls & Breads														
Bran Roll														
Brown Panette														
Cabin Roll														
Dark Fired Morning Roll														
Harvest Bran Roll														
Multiseed Loaf														
Oat & Barley Loaf														
Softie Roll														
Sunflower Seeded Roll														
Traditional Morning Loaf														
Traditional Morning Roll														
White Panette														
Wholemeal Loaf														
Freshly Baked Savouries														
Bacon & Cheese Savoury														
Bean & Potato Pie														
Beef Sausage Roll														
Cheese & Onion Pasty														
Chicken Pie														
Curry Chicken Pie														
Large Steak Pie														
Macaroni Pie														
Margherita Pizza Slice														
Medium Steak Pie														
Mince & Onion Bridie														
Pork Sausage Roll														
Scotch Pie														
Steak Bake														
Steak Pie														
Sweet & Spicy Chicken Pasty														

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Product	Z	_	ace			_			SCS	ard	rt	πe		iţe
	Free) Nuts	Celery	Crustaceans	Eggs	ų,	Gluten	Lupin	Milk	nllo	ısta	Peanut	Sesame	Soya	Sulphites
	Ĺ)	Ce	Cr	Eg	Fish	GI	Γn	Mi	Mc	Mustard	Pe	Se	So	Su
Seasonal Savouries														
Chicken & Haggis Pie Black Pudding & Bean Pie														
Steak & Black Pudding Pie														
Black Pudding Sausage Roll														
Fresh Cream Cakes								,						
Small Cream Cakes														
Apple Turnover Chocolate Éclair														
Cream Pancake														
Fudge Cream Doughnut														
Individual Trifle														
Strawberry Tart														
Large Cream Cakes														
Large Strawberry Torten														
Large Trifle  Medium Strawberry Torten														
Medium Trifle														
Strawberry Flan														
Strawberry Sponge														
Strawberry Turnover														
Tea Breads & Iced Tea Breads Tea Breads														
Crumpet														
Fruit Scone														
Large Gridle Scone														
Pancake														
Potato Scone														
Small Girdle Scone Wheaten Scone														
Seasonal Tea Bread														
Hot Cross Bun														
Iced Tea Breads														
Apple Danish														
Caramel Twist  Doughnut large chocolate icing														
Fudge Custard Doughnut														
Pink Iced Doughring														
Sugar Doughring														
White Iced Doughring														
White with Chocolate Stripes Doughring														
Yum Yum														
Small Cakes & Large Cakes														
Small Cakes														
Apple Shell														
Bakewell Tart Chocolate Crisp														
Chocolate Caramel Krispie														
Custard Slice														
Empire Biscuit with jelly Sweet														
French Cake with wafer flower														
Fruit Slice Millionaire Shortbread														
Mr Blobby Biscuit														
Original Cup Cake														
Pineapple Cake														
Snowball														
Sous Lug														
Triple Chocolate Muffin Truffle														
Large Cakes														
Apple Flan														
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Product	(Tree) Nuts	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Peanut	Sesame	Soya	Sulphites
Components Of Hot Filled Rolls														
Bacon														
Pork Link Sausage														
Black Pudding														
Sliced Sausage														
Vegetarian Omelette														
Hot Filled Morning Rolls with Butter														
Bacon Roll														
Pork Link Sausage Roll														
Black Pudding Roll														
Sliced Sausage Roll														
Vegetarian Omelette Roll														
Hot Rolls														
*Ham & Cheese Baguette Melt														
Pepperoni & Mozzarella Baguette														
Melt														
Beans, Bacon & Cheese Roll Melt														
*Ham & Cheese Roll Melt														
Tuna Roll Melt Tomato & Cheese Roll Melt														
Pepperoni & Mozzarella Roll Melt														
* Ham contains milk														
Soup														
Lentil														
Carrot & Coriander														
Hearty vegetable soup														
Tea & Hot Chocolate														
Hot Chocolate (12oz)														
Hot Chocolate with Cream														
Hazelnut Hot Chocolate with Cream														
Tetley Tea Large														
Tetley Tea Regular														
Twining's Tea Large														
Twining's Tea Regular														
Freshly Ground Coffee														
Black Coffee Large														
Black Coffee Regular														
Cappuccino Large Cappuccino Regular														
Double Espresso														
Espresso														
Flat White Regular														
Latte Large														
Latte Regular														
Mocha (12oz)														
White Coffee Large														
White Coffee Regular														
Celebration Cakes														
Chocolate 8"Round Chocolate 8"Square														
L DOCOLUTO Y"NOLLOYO														
Sponge Sugar Paste 8"Round														

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Product	(Tree) Nuts	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Peanut	Sesame	Soya	Sulphites
Filled Rolls												0,	0,	0,
Filled Morning Rolls														
*Ham Salad														
Cheese Salad														
Cheese Savoury Salad														
Chicken Mayonnaise Salad														
Chicken Tikka Salad														
Egg Mayonnaise														
Tuna Mayonnaise Salad														
Filled Bran Rolls				,										
*Ham Salad														
Cheese Salad														
Cheese Savoury Salad														
Chicken Mayonnaise Salad														
Chicken Tikka Salad														
Egg Mayonnaise														
Tuna Mayonnaise Salad														
Filled Granary Rolls														
*Ham, Egg Mayonnaise & Tomato														
Chicken & Bacon														
Ploughmans														
Sweet Chilli Chicken														
Tuna Mayonnaise, Red Onion &														
Tomato Chutney														
Filled Seeded Rolls				,										
*Ham, Egg Mayonnaise & Tomato														
Chicken & Bacon														
Ploughmans														
Sweet Chilli Chicken														
Tuna Mayonnaise, Red Onion &														
Tomato Chutney														
Filled Baguettes	•			!										
*Ham & Cheese														
Chicken Mayonnaise														
Mexican Tuna														
Filled Batons														
Chicken Mayonnaise														
Chicken Tikka														
Tuna Mayonnaise														
* Ham contains milk														
Filled Softies														
Chicken Mayonnaise														
Egg Mayonnaise														
Tuna Mayonnaise														
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